

BIOL 1151L – Muscular System Identification Sheet - Spring 2009

You should be able to identify all of the following muscles using the Anatomy 360 software, as well as name one SPECIFIC action for each.

Facial

1. Masseter
2. Temporalis
3. Epicranium, frontal belly
4. Orbicularis Oculi
5. Zygomaticus
6. Orbicularis Oris
7. Platysma

Neck/Shoulder

8. Sternohyoid
9. Sternocleidomastoid
10. Epicranium, occipital belly
11. Trapezius
12. Deltoid
13. Infraspinatus
14. Teres major
15. Rhomboid major
16. Latissimus dorsi

Thorax

17. Pectoralis minor
18. Pectoralis major
19. Serratus anterior
20. Intercostals

Arm

21. Triceps brachii
22. Biceps brachii
23. Brachialis

Forearm

24. Pronator teres
25. Brachioradialis
26. Extensor carpi radialis
27. Flexor carpi radialis
28. Palmaris longus
29. Extensor carpi ulnaris
30. Flexor carpi ulnaris
31. Extensor digitorum

Abdomen

32. Rectus abdominus
33. External oblique
34. Internal oblique
35. Transversus abdominus

Pelvis/Hip

36. Iliopsoas
37. Pectineus
38. Gluteus medius
39. Gluteus maximus

Thigh

40. Tensor fasciae latae
41. Sartorius
42. Adductor longus
43. Gracilis
44. Rectus femoris
45. Vastus lateralis
46. Vastus medialis
47. Iliotibial tract
48. Adductor magnus
49. Biceps femoris
50. Semitendinosus
51. Semimembranosus

Leg

52. Fibularis longus
53. Extensor digitorum longus
54. Tibialis anterior
55. Gastrocnemius
56. Soleus
57. Calcaneal (Achilles) tendon